

HOPE RISING RESOURCE CENTER

JOB DESCRIPTION

Job Title: Mental Health Therapist

Position Summary

The Mental Health Therapist provides individual and group counseling services, crisis intervention, recovery-focused programming, and community-based mental health support to individuals and families. This position collaborates with the Lead Therapist and multidisciplinary staff to deliver accessible, compassionate, trauma-informed, and evidence-based services while supporting program development, community outreach, and organizational goals.

Hope Rising Therapeutic Staff are hired based on clinical experience. There is no particular faith or religious association requirement. The staff person must affirm the work of Wesley Freedom UMC and the United Methodist Church in the workplace and community and affirm faith as a resource which can contribute to mental health and holistic wellness. This position is contingent on grant and private donor funding and can be reevaluated at any time for budget purposes.

Essential Duties and Responsibilities

Clinical Services

- Provide individual therapy services to children, adolescents, and adults.
- Conduct clinical assessments and develop treatment plans tailored to client needs.
- Maintain progress notes, discharge summaries, and other clinical documentation in accordance with professional standards and payer requirements.
- Coordinate care with families, providers, schools, and community resources as appropriate.
- Maintain ethical and professional standards consistent with licensure requirements.

Group and Recovery Programming

- Facilitate therapy groups, psychoeducational workshops, and recovery-focused programming.
- Assist with curriculum development and group planning activities.
- Support peer support initiatives and recovery-oriented services.
- Evaluate group effectiveness and recommend improvements.

Crisis Intervention and Care Coordination

- Provide crisis intervention, de-escalation, and stabilization services as needed.
- Develop safety plans and coordinate referrals to higher levels of care when appropriate.
- Collaborate with community partners, healthcare providers, and social service agencies.
- Support clients in accessing resources that promote safety and wellness.

Documentation, Compliance, and Billing

- Complete timely, accurate, and compliant clinical documentation.
- Assist with insurance, Medicaid, and other payer billing requirements.
- Maintain compliance with confidentiality regulations, organizational policies, and payer standards.
- Support quality assurance activities, outcome measurement, and data collection efforts.
- Assist with tracking program outcomes and performance metrics.

Community Outreach and Program Development

- Assist in planning and facilitating mental health workshops, educational events, and community presentations.
- Participate in community outreach efforts and represent the organization at events.
- Support program growth, enhancement, and continuous improvement initiatives.
- Collaborate with referral sources and community partners to expand access to services.
- Assist with grant-related reporting and program evaluation activities.

Team Collaboration and Professional Development

- Participate in staff meetings, supervision sessions, and case consultations.
- Assist the Lead Therapist with clinical operations and special projects.
- Support interns, volunteers, and practicum students as appropriate.
- Contribute to a collaborative, inclusive, and trauma-informed organizational culture.
- Maintain continuing education requirements and pursue ongoing professional development.
- Perform other duties consistent with the mission and needs of Hope Rising Resource Center.

Minimum Knowledge, Skills, Experience

- Master's degree in counseling from an accredited university with completion of required practicum experience under supervision of a Licensed Clinical Professional Counselor (LCPC).
- Licensed counselor in the State of Maryland and maintenance of license with continuing education.
- Complete and maintain requirement of Safe Sanctuary training.
- Demonstrates computer competency.
- Work experience, clinical practicums, and volunteering in mental health services preferred.

Working Conditions

- Normal office conditions that require a low level of physical exertion.
- Ability to ascend and descend stairs due to physical lay-out of facility.
- Minimal lifting under 20 lbs.
- Work hours vary, including some evening hours, due to therapies involved.
- No exposure to hazardous materials, extreme temperature, loud noise, or other environmental risks.

To apply: Email HopeRising@WesleyFreedom.org

Attach a cover letter and resume.

Select applicants will be invited to interview.